#### **BALAJEE SEWA SANSTHAN**



# **Annual Report**

2018-19



## **Message from the Executive Director**

It gives me great pleasure to share that our dreams of improving the life of poor and marginalized people and making them self reliant.

I would like to give here the highlights and achievements at the previous year gone and our future plans. It is also time to ponder about the goals set up in the beginning of the year and how close we succeeded in achieving them.

Before proceeding further I would like to acknowledge active involvement and engagement of our team members in a wide range of initiatives. Their passion and enthusiasm, fuelled by commitment to bring qualitative change in the lives of people we are working with is truely inspirational and commendable. The responsiveness of our members to our mission and objective has been quite overwhelming.

The NGO continued with all its activities as in the past and added few more programmes. Micro finance, micro insurance, financial literacy trainings, health and sanitation, HIV awareness, SHG formation and their bank linkage, solar lamps distribution and consumer awareness programmes ,Digital financial literacy, Creation of Rural Homestay at raithal Village of Uttarkashi District etc

We have undergone successful completion of Tobacco Control Workshops in District Saharanpur and Bijnor of Uttar Pradesh.

Balajee has visioned to start an E- Learning programs/smart Classes for Underprivileged children residing near Rispana River Slum areas. The objective of the project was to provide quality education for primary standard kids belonging to the weaker section of the society through E-Learning/ Smart Class.

As we look forward to 2019-20, we will be focusing to work on HIV-AIDS Target Intervention program including to cover more beneficiaries under Migrant, Trucker & transit. We also focus to start smooth conduct of E learning classes for poor and Marginalised kids, Providing Livelihood Training to rural Women, Generating Employment opportunities in the hilly areas of Uttarakhand to reduce Migration.

It is clear that the small steps we took last year were right on track and we aspire to take such small steps and will reach what we have envisioned.

Thank you to all of our Generous Donors and financial partners for making such a difference in the life of community we are working for.

A heartwarming and loving thank you to you all!



**Awadhesh Kumar** 

### **About Balajee Sewa Sansthan**

Balajee Sewa Sansthan is a non-profit Organization registered under society's act 1860, committed to working for overall development of marginal people like economic self-sufficiency, through various initiatives. The organization's head office is located at Subhash Nagar, Dehradun and registered office located at Railly, Pandarak, Patna. Balajee Sewa Sansthan is the rural outreach, providing direct and indirect services in the districts of Uttarakhand, Uttar Pradesh and Bihar. The primary focus areas of service have been Health and Hygiene, Women empowerment, Farmers development and Comprehensive Rural Development, Financial Inclusion, Microfinance, Education and livelihood measures

#### **Vision & Mission**

**Vision-** To serve and benefit through different activities, Two lakh poor urban, semi urban and rural marginalized and economically disadvantaged families by 2020 & become one of the most preferred member centric NGO's in North India by 2020.

**Mission**- To provide need based financial services to the economically & socially disadvantaged groups by creating opportunities for self employment & economic development. In the field of health care and environment, to strive and help build a healthy society with emphasis on environmental cleanliness and personal hygiene.

#### **Core objectives:**

- To provide sustainable self-employment generating opportunities to low income households.
- To formation of Self Help Groups and credit linkage with bank and provide financial support through microfinance activities.
- To work on prevention health for TB, Tobacco and HIV-AIDS control program.
- To support and help financial inclusion.
- To support government policies aimed at alleviating poverty, creation of jobs in the rural and semi urban and urban slum areas, and in other developmental activities.
- To create awareness among the low income households as well as the totally marginalized people, to prepare them for a better economic and social life through financial awareness and planning.
- To work for overall rural development and women empowerment especially for the underprivileged.
- To construct and arrange Shelter Homes for orphans and neglected Children, as well as Old Age Homes for neglected senior citizens

## Health initiatives

## **HIV-AIDS (Target Intervention) Program**

The Organisation is chosen by Uttarakhand State Aids Control Society to work with the migrant population in Dehradun district under Targeted Intervention Programme. Targeted Interventions (TI) are a specific set of intervention in HIV/AIDS Control Programmes meant specifically to reach out to groups seen to practice high-risk behavior (HRG). The High Risk Behavior Groups mainly comprise of Female Sex Workers (FSW), Injecting Drug Users (IDUs), Men having Sex with Men (MSM) and Bridge Groups (Migrant workers, Truckers and Local Transport Workers).





Out Reach Worker at the Site

Apart from prevention of HIV infection, TIs facilitate prevention and treatment of sexually transmitted diseases as they increase the risk of HIV infection, and are linked to care, support and treatment services for HIV infected. The TI is implemented through the NGOs. We have been entrusted with working with the migrant population in Dehradun. Dehradun, being capital has become major hub of employment having thousands of migrant laborers. Lot of industries has come up in Selaqui attracting manpower from other states too. Many service, malls, big brands retails and Transport Nagar, ISBT, etc have come to the city after becoming the capital Main labour source are: UP (56%), Bihar (38%), Uttarakhand (4%), Other (2%). Most of the migrants work as labourer and mobility to their home states is twice a year. While singles frequently changes job and move more often, married mostly stay at their workplace and visit their home states once a year at festive seasons.

In year 2017-18 we have covered **5578** People under the programme, which included interaction with the migrants, knowing their sexual behavior through persuation, involving the community leaders, Behaviour Change Communication, Treatment of Sexually Transmitted Infections, Condom

Promotion, Enabling environment &Community Mobilization. Emphasis has been to identify the HRG, counsel them for testing, treatment of sexually transmitted diseases and if found infected with HIV take them to the ICTC for treatment and counsel them not to spread the disease and live with the virus. We have councelled around 6717 people in the year 2017-18 Counseling helps people to understand that they may lead a normal life provided they take ART and keep positive attitude.



Under the Program scheme the balajee sewa Sansthan also organise a free health camp for these migrant population. Every month around 300 camps are being organised by the Organisation. The



Health camps for HIV/AIDS Awareness and Control Programme

Organisation also Educate migrants about the use and benefits of using condoms for living a healthy and protective life.

## **Tobacco Control Programme**

The National Tobacco Control Programme (NTCP) was launched by the Ministry of Health and FamilyWelfare (MoHFW), Government of India in 2007- 08, The objective was to bring about greater awareness about the harmful effects of tobacco use and about the Tobacco Control Laws. Keeping the Objective in view Balajee Sewa Sansthan is running awareness workshop for the school children to educate them about the harms of Tobacco use. Under the programme following activities have been done in the year 2017-18:

## School Programmes- 'Make every day a tobacco Free day'

Balajee sewa santhan is working for raising awareness and spreading message about tobacco abuse prevalent among people of hill state and also the young boys and girls. Combined and sustained efforts of the Health department and the NGO, entire Tehri district was declared smoke free s from 26<sup>th</sup> January 2014.

Recognizing the efforts in implementation of tobacco control legislation, Health department, Government of Uttar Pradesh chose us to conduct school programmes in Bijnor and Saharanpur district in the yar 2016-17. Under the programme 70 Government/ Publict schools have been selected to tell students about harmful effects of smoking and tobacco use on their health as well health of those coming into contact with the smoke.

Seeing the immense success and resuts of workshops conducted in the year 2018-19, this year the organization got another district Shamli of Uttar Pradesh for conducting the Tobbaco Awareness Programme in the schools.



The idea behind conducting these workshops was to educate the young minds aware of the harmful and addictive effects of tobacco products on their users and spread a message against starting smoking and tobacco use and in case of users to wean them away from the habit lest it takes dangerous turn.

We illustrate subject in a way easy to understand by all. The documentaries were quite effective in conveying the message of harmful effects. We also touched upon the concept of second hand and third hand smoke which is equally harmful, if not more, on the health of people subjected to such type of smoke. Rules relating to Anti Tobacco legislations were discussed in brief to make people aware of banning of smoke in public areas, near educational institutes and sale of tobacco products by or to the minors.

The students took a pledge not to take to smoking, quit the habit in case of smokers and not let other people to vitiate the environment by smoking in public places.

We had requested the Teacher coordinator to form a squad of 4-5 boy/girls to educate people about provisions of COTPA-2003. There should be no sale of tobacco products within 100 yards radius of the Institute and there should be posters displayed at prominent places in the institute saying that the premise is a no smoking area.

## Water & Sanitation Program: Construction of Low cost Toilets for the Poor Family

Despite efforts of government and non government agencies, people in most of Indian villages still go to fields to defecate. The total sanitation campaign has changed toilets habits of villagers too. While the medium class has a toilet in their houses the poor are still deprived of this basic necessity. Balajee Sewa Sansthan constructs low cost toilets in Patna & other districts of Bihar. The poorest of the poor are selected for constructing toilets in their houses. Poor having no disposable funds can contribute to the toilet construction through labor. Balajee has wide experience of construction of low cost toilets and so far constructed 1750 such toilets in 30 villages in 3 district of Bihar.

**Total Sanitation Campaign** is a comprehensive programme to ensure sanitation facilities in rural areas with a broader goal to eradicate the practice of open defecation. Balajee Sewa sansthan has been a part of TSC regarding Information, Education and communication (IEC), Capacity Building and Hygiene Education for effective behavior change of the targeted group. The NGO has constructed the low cost toilets with support from the financial Support of Giveindia Foundation and Individual donation. We are not taking any types of contribution from the beneficiary in construction of the toilets.

## Health & Sanitation awareness Programme:-

Our Society organized workshops in villages to make the people

aware of the health hazards involved in open defecation and the importance of making toilets in the home. They were also educated in personal health and hygiene and diseases, related to unsafe water consumption. Women participants were told to keep their

surroundings clean and avoid contaminating sources of water with filth and garbage. In short, preventive health education, stressing on the importance of personal and environmental cleanliness.





**Self HelpGroups formation and bank linkage Activity:** 

A self help group is a rural poor group of 10-20 member constituted to organise themselves to eradicate poverty. Balajee Sewa Sansthan has formed more than 300 SHGs till the year 2017-18 by the financial support of NABARD, Dehradun Region. BSS all ready formed and linked with Bank of 50 SHGs of BPL family for DRDA Dehradun in Sahaspur Block. In last Year more than 75 lakh saving created by SHG members and utilizing for inter loaning among the member as per her needs and requirements

#### **Objective of SHG:**

Self-help group encouraged the women to save what little they could save, presently a minimum of 100 rupees each woman is saving, group members are involved in resource-sharing to make investments that have completely changed the prospects of the village's families. BSS focuses on women because they are disproportionately disadvantaged among India's poor—and extremely effective at creating change in their communities.

#### **Credit Linkage:**

More than 280 Self Help Groups credit linked with bank and disburse more than 130 lakh loan among them for their income generation activities. Balajee organizing group leader training as well as financial literacy training to the SHGs members. The concept of DBT has made it compulsory for all eligible people to give account with banks. The relative advantage of Uttarakhand Gramin bank and other nationalized bank of insurance of Rs. One lac in case of accidental death for all savings accounts holders was explained. The team explained them the power of savings avoiding wasteful expenditure and build capital for a better future. Importance of Thoughtfulborrowing, securing future by life and medical insurance and investing the hard earned money wisely. All they require is analyzing their needs, make a distinction between the need and desire, avoid wasteful expenditure and save for the future. A saving whatever small is a source of tremendous self confidence and helps in creation of wealth over a period of time. People who could not afford any initial amount to open account with Banks were advised to open NO Frill Savings bank accounts with Bank.

**Impact**: Within the span of 4 years of self-help groups, a powerful transformations in the women of different groups are visible. It is obseved that they shed shyness and hesitation to become keen representatives for their communities' rights and aspirations. They are becoming more independent and confident.

#### **VOCATIONAL TRAINING**

Balajee Sewa Sansthan take up a systematic approach to conduct vocational training courses and provide necessary opportunities for skill development and overall development of learners. For the means of providing employment women must be given a skill set to be able to earn a living. Diploma courses in sewing-Tailoring, Beautician were conducted in the year 2018-19. The objective of these courses is to impart skills for employment and also develop entrepreneurship among women. With support of our generous donors we have trained more than around 100 women this year.



Our next aim is to start Government funded Skills Training programs in partnership with industries to fulfill specific job requirements that will benefit the partners for manpower as well as the trained women. For the Overall development of the learners a mandatory training on soft skills, presentation skills, and personal hygiene will be given to inculcate a work ethic and sense of personal worth and responsibility.

## **Computer Training Course for Rural, Unemployed youth:**

With the advent of Computer era, Balajee Sewa Sansthan has created a venue for computer education in Bihar for students from BPL, minority and low-income group youths to reach their full potential. The target area is one of the backward sub-divisions of Patna district of Bihar where the basic condition of children, youth, women and aged are deprived. Youth form 60% of the targeted slums & villages who are in need of some basic skill to become productive and creative. training centre.

Our computer learning centre achieves outstanding academic performance, similar to private computer training institutes for the children with no costs to the students. These courses are financially supported by generous donors across India and Abroad. Apart from computer experts, our selfless volunteers make sure that each child gets the best knowledge about computers

This project is also helpful improving the basic understanding as well support student to become a part of Digital India. The teaching and basic computer learning include:

- Introduction to Computers
- Getting Acquainted with the Computer
- Computer Basics
- Introduction to Microsoft Excel
- Introduction to Microsoft PowerPoint
- Introduction to Microsoft Word
- Exploring the Internet
- Basic Email
- Exploring Windows etc

We intend to establish more qualitative computer training for needy student for their Good academic record also to the youth for their employment as employers these days require that their entire workforce should be computer literate



**Media Coverage of 2018-19** 





Note: Details annual reports are in process and will submitted shortly